

# LEADING ADVENTURES IN CANMORE, & KANANASKIS SINCE 1987

# Corporate & Group Activities

- Guided Walks & Interpretive Programs
- Guided Icewalks & Snowshoeing
- Teambuilding & Corporate Adventures

# Guided Walks & Interpretive Programs

Spring, Summer, and Fall | June - October

Canmore offers a variety of great choices summary of the most popular 2-4 hour activities. All activities are available as private group options and can be booked for any day of the week.

# Grassi Lakes and Pictographs

Canmore's Most Popular Hike! Leads to 2 small turquoise blue/green lakes. Great views of the Bow Valley and lots of local history. Steep in places.

# Grotto Canyon Hike

Evidence of First Nations in a narrow canyon! Ancient Pictographs can be found along the floor of this deep and vertical canyon. This easy interpretive walk leads to waterfalls and a hidden cave!

# Ptarmigan Cirque

If you have only one day to spend walking in the Kananaskis area spend it here! The trail begins at the summit of Highwood Pass, Canada's highest paved road and quickly leads to superb alpine meadows.

# Ha Ling Peak Hike

Ha Ling Peak soars above Canmore and appears intimidating but is one of the best summit hikes for novices and gives you a great reward when you get to the top! Strenuous.

# Canmore Nature Walk

Explore the beautiful pathways around Canmore, along the Bow River and Policeman's Creek. Learn about Canmore's colourful coal mining history and active outdoor life.

# Fat Bike Rides!

Fat bikes are the hottest things on 2 wheels! Summer or winter, they go anywhere and we've got a fun ride in Canmore that will take you up and down hills, through forests, and along quiet paths.



1-800-408-0005 403-760-4403 whitemountainadventures.com



# Guided Icewalks and Snowshoeing

Fall, Winter, and Spring | November to May



# Ask about our Snowcat assisted snowshoeing at Fortress Mountain Resort!

# Snowshoeing on Top of the World

Experience a unique guided adventure at world famous Sunshine Village Ski Resort —where the Gondola and a chairlift ride takes you to the land above the tree line.

# Fat Bike Rides!

Fat bikes is best in winter. Believe it or not, you can ride right over soft snow and we've got a fun ride in Canmore that will take you up and down hills, through forests, and along quiet paths.

# HUNGRY?

Include a packed lunch or allow our professional chef to host a gourmet BBQ for your group. Available anytime of the year!

# Grotto Canyon Icewalk

**Snowshoeing at Fortress** 

A journey of discovery awaits you in pristine snow covered forests in the high

country at Fortress Mountain. On

snowshoes you can go just about

anywhere and Fortress Mountain is the ideal location to explore the mountains.

Mountain

An exciting adventure into winter wilderness! The walk through Grotto Canyon offers you an exciting opportunity to walk along the bottom of an ice covered canyon floor. Native Canadian Pictographs and 2 frozen waterfalls included!



# Teambuilding Games & Corporate Activities



# **Explorer Scavenger Hunt**

A traditional scavenger hunt that sends teams racing around town, answering questions and completing challenges to determine the winner.

# Winter Olympics

Teams compete in a series of fun, active events based around popular Winter games in a round robin style competition.

# **Triviography**

A high tech twist on the traditional scavenger hunt! We provide each team with a tablet that allows them to track and message the competition in real time. Strategy is key to determine the best chance to success.

# Guided Bike and Brew Tours

One of our most popular group activities. Cruise along the Legacy Trail starting in Banff and finish in Canmore at one of two local brew pubs. You've earned a cool beverage after this fun 2 hour outing!

# Heli-Hiking

Experience the ultimate combination of nature, enjoyment and mountain exhilaration on an exclusive helicopter heli-hiking trip.

